Eaglecrest Road Race (2014)- 1, 5 & 10 miles

Race Date: August 16 (Saturday)

Start Time: 9:00 AM (race day registration begins at 8:30)

Location: Approximately 0.2 miles up Eaglecrest Road (kids' race begins at the lodge after the 5 & 10 mile races start)

Race Contact:

Anne Johnson or phone: 523-9336 karila44@msn.com

Course Description:

5 Miles – Runners will head up the hill, finishing at the Eaglecrest Lodge.

10 Miles- Same start as the 5 mile, but continue past the Lodge, up to the Eagle's Nest on the service road and back down the service road to finish at the Lodge.

1 Mile – Out and back along the road. The kid's race starts at the Eaglecrest Lodge after the 5 Mile race begins (approximately 9:15).

<u>Distance</u>	ENTRY FORM	
[] 5 Miles [] 10 Miles [] 1 Mile	SPONSORED BY Southeast Road Runners RRCA SANCTIONED	ENTRY FEES: Kids 18 & under - \$1 Adults - \$8
AST NAME	FIRST NAME	
AGE EX M F ON 7/1/14	DATE OF	
IAILING ADDRESS:		
ITY		
STATEZIP_	PHONE	

WAIVER AND RELEASE: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official in order to safely complete the run. I assume all risks associated with running and volunteering to work in club races. I am aware of the risks, which include falls, contact with other participants, the weather, road or trail conditions, and traffic. I have read this waiver and know the facts about running and road and trail races. In consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive any right I may have to pursue an action against the Southeast Road Runners Club, the Road Runners Club of America, and all sponsors, and the representatives and successors of these entities, for liabilities of any kind arising out of my participation in club activities, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Strollers, Dogs, Roller Blades, and Headphones are NOT allowed.

SIGNATURE	
/UNDED 40 MUS	T HAVE DADENT OR CHARDIAN SICN)

BIB NUMBER:

(for race officials only)

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