

East Glacier Trail Tangle

ENTRY FORM



Race Date: June 3 Tuesday

Start Time: 6:00 p.m. Registration begins at 5:30 p.m.

Location: End of Valley Boulevard, off Mendenhall Loop Road

Race Contact: Karlynn Welling, 790-7215

Course Description: 6.7 miles North on Under Thunder Trail to Powerline Trail then around East Glacier Trail, up the stairs, return the way you came! A one mile course will also be run on the Under Thunder Trail.

Sponsored by **Southeast Road Runners, RRCA Sanctioned.**

Distance, Check One

1 mile

6.7 miles

Entry Fee

Kids 18 & under - \$1

Adults - \$10

LAST NAME _____ **FIRST NAME** _____

Male - Female

Age on July 1, 2014 _____

Date of Birth: Month _____, Day _____, Year _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____ Email: _____

WAIVER AND RELEASE: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official in order to safely complete the run. I assume all risks associated with running and volunteering to work in club races. I am aware of the risks, which include falls, contact with other participants, the weather, road or trail conditions, and traffic. I have read this waiver and know the facts about running and road and trail races. In consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive any right I may have to pursue an action against the Southeast Road Runners Club, the Road Runners Club of America, and all sponsors, and the representatives and successors of these entities, for liabilities of any kind arising out of my participation in club activities, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Strollers, Dogs, Roller Blades, and Headphones are NOT allowed.

SIGNATURE: _____

(Under 18 must have parent or guardian sign)



BIB NUMBER: (for race officials only)