

Every Mile Is Worth It!

Sponsored By: Best Beginnings

All Proceeds Go To Juneau's Imagination Library!

ENTRY FORM

Race Date: May 31, 2014

Start Time: 9:15 AM (Registration begins at 8:30 AM)

Location: Sandy Beach! (Log Cabin)

Race Contact: Megan Gregory - 907.723.0537

Course Description: There will be a 1K for children with story tracks along the trail, and/or a 5K maze race!

Please contribute to Imagination Library in Juneau! A \$30 donation will enable a child to receive a brand-new, age-appropriate book in the mail once a month for one year. With \$150, you will enhance the life of a child from birth until age 5 – or five children for one year. We welcome any amount. Envelopes will be provided at the race or you can log onto bestbeginningsalaska.org to donate online.

Distance, Check One

1K

5K

Entry Fee

Kids 18 & under - \$1

Adults - \$10

LAST NAME _____ **FIRST NAME** _____

Male - Female Age on July 1, 2014 _____

Date of Birth: Month _____, Day _____, and Year _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____ Email: _____

WAIVER AND RELEASE: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official in order to safely complete the run. I assume all risks associated with running and volunteering to work in club races. I am aware of the risks, which include falls, contact with other participants, the weather, road or trail conditions, and traffic. I have read this waiver and know the facts about running and road and trail races. In consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive any right I may have to pursue an action against the Southeast Road Runners Club, the Road Runners Club of America, and all sponsors, and the representatives and successors of these entities, for liabilities of any kind arising out of my participation in club activities, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Dogs, Roller Blades, and Headphones are NOT allowed.

SIGNATURE: _____

(Under 18 must have parent or guardian sign)

BIB NUMBER: (for race officials only)



BEST BEGINNINGS
Alaska's Early Childhood Investment