

# Raining Colors 5K

Race Date: **Sunday, April 26, 2015** Time: **Registration 11am & Race Starts at 12pm**  
Location: Begins and ends at the covered area behind Riverbend School; near the Brotherhood Bridge Trail.

Race Contact: Kristin Cashman 978-578-5794 Danielle Meier 617-2540 Lisa Oliver 723-4050

The course is an out and back beginning at the covered area behind Riverbend. Runners will proceed across the bridge to the Brotherhood Bridge Trail. Volunteers along the course will be tossing color powder and all participants can participate in a group color toss at the finish. Participants are encouraged to wear white at the starting line! The race is family-friendly and individuals are encouraged to run or walk the course; just get out and enjoy the fun!

**New this year! A number and official time will be given to the first 100 runners to sign up in the competitive category!**

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Sponsored by and Fundraiser for: Harborview Triathlon Club

**Cost: Pre-registration \$30 adults/\$20 for kids under 18 Day of race \$40 adults/\$30 for kids under 18**  
Entry fee includes a small packet of color to be tossed at the finish of the run and a t-shirt as available (see below). The color is food grade cornstarch and cosmetic grade dyes & fragrance.

**Make checks payable to: Harborview Triathlon Club \*\*PLEASE complete this form for each participant.**

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age as of 4/24/15: \_\_\_\_\_  Yes, I want to run competitively! \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE//ZIP: \_\_\_\_\_ Phone: \_\_\_\_\_

T-Shirt Size: Youth S M L XL Adult S M L XL

**Shirts only guaranteed if registration is received by April 10<sup>th</sup>, then offered based on availability.**

Emergency Contact Name \_\_\_\_\_ Phone Number (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

*WAIVER: I know that running a road or trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained to complete the event. I agree to abide by any decision of a race official relative to my ability to safely complete this run within the designated time limit. I understand that dyed food-grade corn starch will be tossed in the air by volunteers and runners and I assume all risks associated with running in this race, including, but not limited to falls, contact with other participants, runners, bikers, and animals, the effects of weather, including heat or cold and precipitation, traffic, and the conditions of the trails and roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release, and will hold harmless the race organizer, Harborview Elementary, the Triathlon Club, the University of Alaska and all other sponsors and property owners, and all the agents, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race. I understand that headphones, baby joggers or strollers, roller skates and dogs are not allowed in this race/run.*

Signature of entrant \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_