



# PAVITT HEALTH & FITNESS 6.4K RUN

**Race Date:** September 19<sup>th</sup>, 2015 (Saturday)

**Start Time:** 9:00 AM (registration begins at 8:00)

**Registration Location:** Pavitt Health & Fitness / 10004 Glacier Hwy (near Brotherhood Brdg)

**Race Start Location:** Brotherhood Bridge Trailhead

**Race Contact:** Joe Parrish / 907-789-5556 or [joe@gopavitt.com](mailto:joe@gopavitt.com)

**Cost:** \$1 kids (under 15) / \$8 pre-race / \$10 race day

**Course Description: 6.4K (4miles) and 1 mile runs/walk**

Begin at the Brotherhood Bridge Trailhead for both the 1 mile and 6.4K course. Both courses follow the River Trail and return to the trailhead for the finish.

## Post-Race Awards / Prizes / Food at Pavitt Health & Fitness

This race is part of the Empire Series

Join SERR: [southeastroadrunners.org](http://southeastroadrunners.org)

### Distance

[ ] 6.4 K  
[ ] 1 Mile

### ENTRY FORM

SPONSORED BY

Pavitt Health & Fitness

RRCA SANCTIONED

ENTRY FEES:

\$1 Kids / \$8 pre-register / \$10 race day

Make checks payable to SERR

LAST NAME \_\_\_\_\_

FIRST NAME \_\_\_\_\_

SEX M  F

AGE ON  
9/19/15

DATE OF BIRTH  
mo - day - year

MAILING ADDRESS:

STREET or BOX \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ | ZIP \_\_\_\_\_ | PHONE \_\_\_\_\_ | Email \_\_\_\_\_

WAIVER AND RELEASE: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official in order to safely complete the run. I assume all risks associated with running and volunteering to work in club races. I am aware of the risks, which include falls, contact with other participants, the weather, road or trail conditions, and traffic. I have read this waiver and know the facts about running and road and trail races. In consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive any right I may have to pursue an action against the Southeast Road Runners Club, the Road Runners Club of America, Pavitt Health & Fitness, and all sponsors, and the representatives and successors of these entities, for liabilities of any kind arising out of my participation in club activities, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Strollers, Dogs, Roller Blades, and Headphones are NOT allowed.

SIGNATURE \_\_\_\_\_

(UNDER 18 MUST HAVE PARENT OR GUARDIAN SIGN)

**BIB NUMBER:**

(for race officials only)