

## **Seacoast Relay**



Juneau Trail and Road Runners is an affiliate member of the Road Runners Club of America.

Race Date: Start Time: Location: Race Contact: Saturday June 05 2010 09:00AM (Registration 08:15AM) 20th Annual Seacoast Relay DefaultRaceDirector Unassigned

none

join JTRR https://southeastroadrunners.org/ results online: https://jtrr.org/event/2010/race/225

**Course Description:** 

20th Annual Seacoast Relay

## **ENTRY FORM**

<u>Distance</u> □Leg 1 (3.6 miles) □Leg 2 (3.5 miles) □Leg 3 (4.3 miles) □Leg 4 (5.5 miles) □Leg 5 (5.5 miles) □volunteer - \$0

SPONSORED BY Juneau Trail and Road Runners ENTRY FEES Kids 18 & Under - \$0 Adults Day of Race - \$0

Last Name GENDER CIRCLE ONE (Male Female Non-Binary) email MAILING ADDRESS STREET OR BOX	First Name Age on 7/1/2010 JTRR MEMBER: (YES NO) (if yes, skip phone,address)		
		СПҮ	PHONE
		STATE	ZIP
		RELAY TEAM NAME	
		WAIVER: I know that running or volunteering to work in this race is a potentially hazardous ac	tivity, which could cause injury or death. I will not enter and participate unless I am medically able and pro

WAVER: I know that running or volunteering to work in this race is a potentially hazerdous activity which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running or volunteering in this event, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other participants, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic and the conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the race, and I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller, I also accept the responsibility for injury up to death of the child being transported in the jogger or stroller. Having read this waiver and knowing these facts and inconsideration of your accepting my entry I, for mself and anyone entitled to act on my behalf, waive and release the Juneau Trail and Road Runners, the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that Liability may arise out of negligence or carelessness on the part

SIGNATURE

**BIB NUMBER:** 

(for race officials only)

SIGNATURE of parent or guardian if under 18 DATE\_