

Open Track Meet

Race Date: Start Time: Location: **Race Contact:** Tuesday March 16 2010 06:00PM (Registration 05:15PM) Track DefaultRaceDirector Unassigned

none

join JTRR https://southeastroadrunners.org/ results online: https://jtrr.org/event/2010/race/232 **Course Description:**

Track

<u>Distance</u> ☐ 60 meter (0.06 km) ☐ 200 meter (0.2 km) ☐ 400 meter (0.4 km) ☐ 800 meter (0.8 km) ☐ 1600 meter (1.6 km) ☐ 4x4 (1.6 km) ☐ volunteer - \$0	ENTRY	FORM ENTRY FEES Kids 18 & Under - \$0 Adults Day of Race - \$0
Last Name		First Name
GENDER CIRCLE ONE (Male Female N		Age on 7/1/2010
email		JTRR MEMBER: (YES NO) (if yes, skip phone,address)
MAILING ADDRESS		
STREET OR BOX		
СПТҮ		PHONE
STATE		ZIP
WAIVER: I know that running or volunteering to work in this race is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running or volunteering in this event, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other participants, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic and the conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the race, and I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller. Having read this waiver and howing these facts and inconsideration of your accepting my entry I, for myself and anyone entitled to act on my behalf, waive and release the Juneau Trail and Road Runners, the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I acknowledge that such exposure or infection may result in personal injury		

SIGNATURE

BIB NUMBER:

(for race officials only)

SIGNATURE of parent or guardian if under 18 DATE_____