

Flannagan's Run

Juneau Trail and Road Runners is an affiliate member of the Road Runners Club of America.

Race Date:<br>Saturday March 172012<br>Start Time:<br>10:00AM (Registration 09:15AM)<br>Location:<br>Douglas Fire Hall<br>Dan Robinson<br>364-2521<br>robidanc@gmail.com

join JTRR https://southeastroadrunners.org/ results online: https://jtrr.org/event/2012/race/27

## Course Description:

29th annual Flannigans Run! 5 Mile and 1 Mile

## Distance

$$
\begin{aligned}
& \square 1 \text { Mile (1 miles) } \\
& \square 5 \text { Mile ( } 5 \text { miles) } \\
& \square \text { volunteer - } \$ 0
\end{aligned}
$$

## ENTRY FORM

## ENTRY FEES

Kids 18 \& Under - \$1
Adults Day of Race - \$10

Last Name $\qquad$
GENDER CIRCLE ONE (Male|Female|Non-Binary)
email $\qquad$

## MAILING ADDRESS

STREET OR BOX
CITY $\qquad$ PHONE $\qquad$
STATE $\qquad$ ZIP $\qquad$

## RELAY TEAM NAME

 trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running or volunteering in this event, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other participants, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic and volunteers, race personnel, contract servce provders, employees, and spectators. Iassume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures, rrafic andthe conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the race, and I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller, I also accept the responsibility for injury up to death of the child being transported in the and I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller, I also accept the responsibility for injury up to death of the child being transported in the jogger or stroller. Haung read this waiver and knowng these facts and inconsideration of your accepting my entry, l, for myself and anyone entitled to act on my behalf, waive and release the Juneau Trail
and Road Runners, the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives and and Road Runners, the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives and
successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in successors from all claims or liabilities of any lind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in
this waiver. In addition, I acknowledge the contagious nature of communicable diseases and voluntarily assume the risk that I may be exposed to or infected by communicable diseases by participating in this event. I acknowledge that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or anyother record of this event for any legitimate purposes. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is canceled before or during the event

## SIGNATURE

